

# October 2018

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1	2 6:30-8:30 PM Death by Drug Overdose	3 6:30-8:30 PM Young @ Heart	4 Fulton Meeting 6:30-8:30 PM Death by Drug Overdose	5	6
7	8  Columbus Day	9 10:00 AM Newsletter Work Meeting 6:30-8:30 PM General Support Group @ St. Ann's	10 6:30-8:30 PM Survivors of Suicide @ St. Ann's	11	12	13
14	15	16 6:30-8:30 PM Young Widow & Widowers <del>6:30-8:30 PM Youth Whose Parent or Adult Relative or Friend Died</del> NO MEETING	17 <del>10AM-Noon Senior W/W @ St. Ann's 6:30-8:30 Support Groups *Bereaved Parents @ St. Ann's *Parents Infant Death @ St. Ann's *Youth whose sibling, friend or relative died</del> NO Meeting	18	19	20
21	22	23	24 6:30-8:30 PM Survivors of Suicide @ St. Ann's	25 6:30-8:30 PM Homicide Support Group @ St. Ann's	26	27
28	29	30	31  Happy Halloween			

**Due to preparations for the Celebration of HOPE Dinner - some meetings will be held at St. Ann Church - Youth/Children's Support Groups are canceled for the month of October.**

- ◆ HOPE For those whose loved one died by Drug Overdose **Meeting at HOPE**
- ◆ HOPE for Young @ Heart Widow/widowers with no young children at home **Meeting at HOPE**
- ◆ HOPE for Younger Widows, Widowers, Engaged & Significant Others **at St. Ann's Church**
- ◆ HOPE for Widow/Widowers Senior Daytime **at St. Ann's Church**
- ◆ HOPE for Youth (Sibling): Separate, age appropriate groups for children and teens whose sibling, relative or friend died. **Meeting Canceled for October**
- ◆ HOPE for Youth (Parent): Separate, age appropriate groups for children and teens whose parent, relative or friend died. **Meeting Canceled for October**
- ◆ HOPE for Bereaved: For any adult whose loved one, parent, sibling, relative or friend died. **at St. Ann's Church**
- ◆ HOPE for Survivors of Suicide: For those whose child, spouse or friend died by suicide. **at St. Ann's Church**
- ◆ HOPE for Bereaved Parents: For those whose children of any age died by accident, illness, **at St. Ann's Church**
- ◆ HOPE for Parents whose infant died by miscarriage, stillbirth or newborn death. **at St. Ann's Church**
- ◆ HOPE for those whose loved one died by a Homicide. **@ St. Ann's**
- ◆ HOPE for Bereaved, Fulton & Oswego: (2nd Tuesday) 7-9:00PM Oswego Hospital, 110 W. 6th Street; in Cafeteria Conference Room and the 4th Tuesday at St. Luke Health Services 299 E. River Road. For more information please contact Donna Lupien (315) 342-6326
- ◆ One-to-One Counseling: Call HOPE (315) 475-9675 for an appointment. No charge for counseling but donations welcome.
- ◆ Newsletter Work Meeting: 2nd Tuesday of the month at 10:00 AM. Come help with the newsletter mailing and enjoy a great lunch prepared by our staff.. **Meeting at HOPE**