



## Series in the Presentation of Grief “How to Care for the Caregiver”

*Focus is on the Caregivers and family of the terminally ill or those in need of support*

*Monday, September 18, 2017  
6:30-8:30pm*

*At Hope for the Bereaved  
4500 Onondaga Blvd.,  
Syracuse, NY 13219*

### ***Seminar will include the following speakers;***

- *Sister Kathleen Osbelt -Francis House- to speak about Anticipatory Grief*
- *Kate Flannery -HEMOC, Susan B. Koman Found.- to speak about ways and resources for the caregiver to reach out for help*
- *Elaine Palmer & Greg Lynch share their experience and needs as former caregivers*

**PLEASE JOIN US FOR THIS UPCOMING SEMINAR THIS FALL AS WELL AS THE UPCOMING MONTHLY SUPPORT GROUPS FOR CAREGIVERS.**

*“Caregivers need to take care of self to be better Caregivers”*